

Essay #2 How to succeed in school

This essay has two parts.

Part 1) – Write a letter about how to succeed in school

For the first part of this assignment, write a 2-3 page letter to a middle school, high school, or college student suggesting some ways for them to do better in school. You can write to an actual friend or family member if you want to, or write to your favorite imaginary friend. Your suggestions should be concrete, supported by empirical research, and should focus on the most important aspects of learning that we have covered over the term. Be sure to address basic memory improvement, metacognition, and motivational aspects of learning. Keep in mind that your friend will be learning about different topics in school, and that their learning will be evaluated in a variety of ways (i.e., not just reporting facts).

The letter should not sound like a scientific report (i.e., no APA style; don't tell a middle schooler to: "Interleave your different topics to take advantage of a distributed learning schedule and to enhance discriminative contrast") – instead frame your suggestions and ideas in language that your target reader can understand.

Part 2) – Why did you suggest what you did?

For the second part of your assignment, write Adam a 4-5 page explanation about *why* you suggested the strategies that you did. Why was the study strategy or technique appropriate for your target audience? What research suggested that the strategy would work? What concerns did you have with suggesting any of the specific strategies? If there were any commonalities between the different suggestions (e.g., they all encourage deep processing), be sure to acknowledge them.

In this latter section, be sure to cite scholarly sources when appropriate. The articles that we have read in class are a good starting point, but **you should also cite at least two articles that you found on your own**. If you are having trouble finding articles or determining if they are appropriate please contact Adam.

The explanation section should be in APA style (including references), with 1-1.5 inch margins and 12-point Times New Roman font.

Include a cover page on the front with your name. The cover page and the reference section don't count towards your page limit.

Due October 28 at 11:59 pm (note this is not the same due date as on the syllabus), via Moodle. (Please submit as a word document.)